

2010 Athlone Triathlon European Championships

Results: Categories

EC: Sprint: EC Men 16-19

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	111	Mike Yelverton	IRL	0:09:58	4	13:16	2:14	2	0:30:05	2	39.91	1:45	1	0:18:38	1	3:43	1:02:38		
2	103	Peter Lynas	GBR	0:10:04	5	13:24	2:20	3	0:29:27	1	40.77	1:57	3	0:21:14	5	4:14	1:04:59	0:02:21	
3	106	James Brady	IRL	0:11:48	8	15:43	2:27	4	0:30:31	3	39.32	1:56	2	0:21:09	4	4:13	1:07:48	0:05:10	
4	100	George Brear	GBR	0:09:13	1	12:16	2:03	1	0:34:58	7	34.32	2:05	6	0:20:59	3	4:11	1:09:16	0:06:38	
5	104	Stefan Mcloughlin	GBR	0:11:14	6	14:58	2:44	6	0:32:18	4	37.16	2:23	10	0:23:10	7	4:37	1:11:48	0:09:10	
6	109	Alex Gray	IRL	0:12:38	9	16:50	2:47	8	0:34:14	6	35.06	2:06	7	0:20:33	2	4:06	1:12:17	0:09:39	
7	101	Benjamin Edwards	GBR	0:09:14	2	12:17	2:34	5	0:32:57	5	36.43	2:00	4	0:26:21	10	5:16	1:13:03	0:10:25	
8	107	Frank Carty	IRL	0:09:39	3	12:52	2:46	7	0:35:56	9	33.40	2:04	5	0:22:59	6	4:35	1:13:23	0:10:45	
9	108	Michael Dalton	IRL	0:11:24	7	15:11	3:28	10	0:35:38	8	33.68	2:07	8	0:23:51	8	4:46	1:16:26	0:13:48	
10	110	Jack O'Halloran	IRL	0:13:58	10	18:36	2:57	9	0:37:17	10	32.20	2:12	9	0:25:26	9	5:05	1:21:48	0:19:10	
DSQ	102	George Gilham	GBR		0			0		0				0	0				
DSQ	105	Patrick Reinig	GER		0			0		0				0	0				

EC: Sprint: EC Women 16-19

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	201	Victoria Johnston	GBR	0:10:22	2	13:48	2:26	2	0:33:15	1	36.11	1:52	1	0:22:41	1	4:32	1:10:34		
2	202	Lara Nyman	GBR	0:10:17	1	13:41	2:18	1	0:34:01	2	35.29	1:57	2	0:23:39	2	4:43	1:12:10	0:01:36	
3	200	Venita Dabhi	GBR	0:12:39	3	16:51	2:31	3	0:36:27	3	32.92	2:03	3	0:23:54	3	4:46	1:17:32	0:06:58	
DNF	203	Emma Sharkey	IRL		0			0		0				0	0				

EC: Sprint: EC Men 20-24

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	114	Chris Joyce	GBR	0:09:38	1	12:50	2:36	3	0:30:04	3	39.92	1:46	4	0:18:35	1	3:42	1:02:38		
2	112	Oliver Bradbury	GBR	0:11:30	3	15:19	2:21	1	0:28:22	1	42.31	1:45	3	0:19:34	2	3:54	1:03:29	0:00:51	
3	113	Samuel Hatfield	GBR	0:10:59	2	14:38	2:34	2	0:28:40	2	41.88	1:41	1	0:20:14	3	4:02	1:04:07	0:01:29	
4	116	Daniel Speed	GBR	0:12:52	5	17:08	2:43	5	0:31:21	4	38.29	1:47	5	0:21:06	5	4:13	1:09:48	0:07:10	
5	118	Kevin Belton	IRL	0:14:23	8	19:09	2:49	6	0:34:20	5	34.96	1:43	2	0:21:04	4	4:12	1:14:16	0:11:38	
6	119	Sean Gillen	IRL	0:13:54	7	18:30	2:38	4	0:35:07	7	34.18	2:31	8	0:22:46	7	4:33	1:16:54	0:14:16	
7	115	Chris Smith	GBR	0:13:33	6	18:02	3:14	8	0:35:00	6	34.30	2:09	7	0:23:33	8	4:42	1:17:27	0:14:49	
8	117	Patrick Sipp	GER	0:12:37	4	16:48	2:59	7	0:37:33	8	31.96	2:06	6	0:22:45	6	4:32	1:17:59	0:15:21	

EC: Sprint: EC Women 20-24

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	208	Jenny Latham	GBR	0:11:03	3	14:43	2:24	3	0:31:52	1	37.67	1:53	2	0:20:32	1	4:06	1:07:42		
2	205	Lucy Ferguson	GBR	0:11:01	2	14:40	2:45	5	0:35:27	5	33.87	2:05	5	0:21:32	2	4:18	1:12:47	0:05:05	
3	204	Emily Dove	GBR	0:12:35	8	16:46	2:20	1	0:33:10	2	36.19	1:53	1	0:22:59	5	4:35	1:12:56	0:05:14	
4	213	Kelly-Anne Speight	IRL	0:12:11	6	16:13	2:24	2	0:35:25	4	33.89	1:59	3	0:22:03	3	4:24	1:13:59	0:06:17	
5	212	Sinead Roche	IRL	0:12:16	7	16:20	2:28	4	0:34:39	3	34.64	2:04	4	0:22:55	4	4:34	1:14:20	0:06:38	
6	207	Backy Krych	GBR	0:11:35	5	15:25	2:51	7	0:36:38	6	32.77	2:07	6	0:24:11	6	4:50	1:17:19	0:09:37	
7	206	Hannah Kitchen	GBR	0:11:08	4	14:50	2:49	6	0:39:03	8	30.73	2:30	7	0:25:10	8	5:01	1:20:38	0:12:56	
8	211	Katie Fitzgerald	IRL	0:12:39	9	16:51	2:55	8	0:38:20	7	31.31	2:40	8	0:24:37	7	4:55	1:21:09	0:13:27	
9	210	Doireann Barnicle	IRL	0:10:53	1	14:30	3:33	9	0:39:36	9	30.30	3:38	9	0:30:50	9	6:09	1:28:29	0:20:47	
DNF	209	Sarah Rhodes	GBR		0			0		0				0	0				

EC: Sprint: EC Men 25-29

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	145	Conor Murphy	IRL	0:09:15	1	12:18	2:04	1	0:29:48	7	40.27	1:31	1	0:18:03	1	3:36	1:00:39		
2	191	Nick Dunn	GBR	0:10:24	6	13:51	2:14	2	0:29:04	2	41.30	1:36	2	0:19:10	2	3:49	1:02:25	0:01:46	
3	120	Nicolas Leroy	FRA	0:10:06	3	13:27	2:18	4	0:29:36	4	40.55	1:45	4	0:19:44	6	3:56	1:03:27	0:02:48	
4	133	Thomas Winkelmann	GER	0:10:00	2	13:19	2:29	12	0:29:47	6	40.31	1:58	19	0:19:46	7	3:57	1:03:58	0:03:19	
5	189	Brian Jenkins	IRL	0:11:33	15	15:24	2:15	3	0:29:03	1	41.33	1:47	5	0:19:31	5	3:54	1:04:07	0:03:28	
6	146	Mark O'Duffy	IRL	0:11:26	12	15:14	2:22	7	0:30:26	11	39.43	1:55	16	0:20:03	9	4:00	1:06:11	0:05:32	
7	141	Noel Kavanagh	IRL	0:12:39	21	16:50	2:27	9	0:30:26	10	39.44	1:38	3	0:19:11	3	3:50	1:06:18	0:05:39	
8	121	Robert Biddlecombe	GBR	0:11:12	9	14:54	2:34	15	0:30:25	9	39.46	1:50	10	0:20:30	11	4:05	1:06:29	0:05:50	
9	127	Oliver Jones	GBR	0:11:17	10	15:02	2:34	14	0:29:43	5	40.40	1:52	14	0:21:07	19	4:13	1:06:31	0:05:52	
10	129	Oliver Mann	GBR	0:10:34	8	14:05	2:29	10	0:30:51	12	38.92	1:51	13	0:20:59	16	4:11	1:06:42	0:06:03	
11	131	Simon Thornton	GBR	0:11:27	13	15:15	2:18	5	0:31:59	18	37.53	1:47	6	0:19:24	4	3:52	1:06:54	0:06:15	
12	132	Will Usher	GBR	0:10:21	4	13:47	2:29	11	0:32:04	19	37.42	1:48	8	0:20:40	14	4:07	1:07:21	0:06:42	
13	122	Neil Cooper	GBR	0:10:28	7	13:57	2:42	19	0:29:10	3	41.16	2:02	21	0:23:06	24	4:37	1:07:26	0:06:47	
14	137	Ronan Foolkes	IRL	0:12:01	16	16:00	2:21	6	0:31:16	13	38.40	1:50	9	0:20:31	12	4:06	1:07:56	0:07:17	
15	123	Dan Falconar	GBR	0:12:51	23	17:07	2:33	13	0:29:53	8	40.17	1:57	18	0:21:00	17	4:12	1:08:13	0:07:34	
16	136	James Curran	IRL	0:12:15	19	16:18	2:43	20	0:31:29	15	38.12	1:51	11	0:20:00	8	3:59	1:08:15	0:07:36	

2010 Athlone Triathlon European Championships

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EC: Sprint: EC Men 25-29

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
17	147	Carl Russell	IRL	0:11:31	14	15:20	2:45	21	0:31:24	14	38.22	2:34	27	0:20:51	15	4:10	1:09:03	0:08:24	
18	126	Philip Jameson	GBR	0:10:23	5	13:49	2:36	16	0:33:01	23	36.35	1:54	15	0:21:21	20	4:16	1:09:13	0:08:34	
19	138	Micheal Gaffey	IRL	0:12:48	22	17:03	2:39	18	0:31:31	16	38.09	1:48	7	0:21:07	18	4:13	1:09:50	0:09:11	
20	125	Kenneth Few	GBR	0:12:01	17	16:01	3:14	27	0:31:48	17	37.74	1:51	12	0:21:34	21	4:18	1:10:27	0:09:48	
21	135	Gary Byrne	IRL	0:13:01	24	17:20	2:38	17	0:32:56	22	36.45	2:07	24	0:20:36	13	4:07	1:11:15	0:10:36	
22	140	Mark Jeffers	IRL	0:12:05	18	16:06	2:46	24	0:32:21	20	37.11	2:04	23	0:22:05	22	4:24	1:11:19	0:10:40	
23	134	Adrian Boyle	IRL	0:12:26	20	16:33	2:46	23	0:33:53	25	35.43	1:55	17	0:20:26	10	4:05	1:11:24	0:10:45	
24	142	Marcus Madden	IRL	0:13:51	26	18:26	2:26	8	0:32:39	21	36.77	2:17	26	0:22:32	23	4:30	1:13:42	0:13:03	
25	144	Alan Mitchell	IRL	0:11:24	11	15:10	2:53	25	0:34:49	26	34.48	2:03	22	0:23:17	25	4:39	1:14:24	0:13:45	
26	124	Chris Farr	GBR	0:13:34	25	18:04	3:09	26	0:33:40	24	35.65	2:01	20	0:25:15	27	5:02	1:17:37	0:16:58	
27	139	Kevin Francis Harrington	IRL	0:14:50	27	19:46	2:46	22	0:36:53	27	32.55	2:07	25	0:24:45	26	4:56	1:21:18	0:20:39	
DNF	143	Oisín McLoughlin	IRL		0			0		0			0		0				
DNF	130	Chris Scott	GBR		0			0		0			0		0				
DNF	128	William Kirstein	GBR		0			0		0			0		0				

EC: Sprint: EC Women 25-29

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	222	Emma Pearson	GBR	0:11:11	2	14:54	2:37	1	0:33:35	1	35.75	1:49	1	0:21:51	1	4:22	1:11:01		
2	221	Lynsey Henderson	GBR	0:10:50	1	14:25	2:56	5	0:34:47	4	34.51	2:08	3	0:24:30	7	4:53	1:15:09	0:04:08	
3	214	Kirsty Anderson	GBR	0:11:29	3	15:17	3:28	13	0:33:38	2	35.69	2:26	12	0:24:25	5	4:52	1:15:23	0:04:22	
4	225	Catherine Brown	IRL	0:11:37	4	15:28	2:42	2	0:36:25	8	32.95	2:11	5	0:24:31	8	4:54	1:17:24	0:06:23	
5	216	Anna Burns	GBR	0:13:07	8	17:28	2:45	3	0:34:50	5	34.45	2:11	6	0:24:54	9	4:58	1:17:45	0:06:44	
6	223	Gemma Tune	GBR	0:13:11	9	17:34	2:59	6	0:36:10	7	33.19	2:24	10	0:23:46	4	4:45	1:18:28	0:07:27	
7	218	Hannah Dallison	GBR	0:14:42	13	19:35	3:18	12	0:35:44	6	33.59	2:06	2	0:23:15	2	4:38	1:19:03	0:08:02	
8	219	Marianne Day	GBR	0:11:45	5	15:38	2:50	4	0:36:39	9	32.75	2:11	7	0:26:12	12	5:14	1:19:35	0:08:34	
9	215	Debbie Barnett	GBR	0:13:23	10	17:50	3:09	10	0:34:40	3	34.63	2:25	11	0:26:01	11	5:12	1:19:36	0:08:35	
10	217	Natalie Chandler	GBR	0:12:35	6	16:46	3:08	9	0:37:02	10	32.42	2:17	8	0:24:54	10	4:58	1:19:54	0:08:53	
11	256	Gemma Farrell	GBR	0:14:51	14	19:48	3:02	7	0:37:44	11	31.81	2:08	4	0:23:24	3	4:40	1:21:07	0:10:06	
12	226	Laura Keane	IRL	0:14:13	12	18:56	3:04	8	0:38:06	12	31.50	2:22	9	0:24:28	6	4:53	1:22:12	0:11:11	
13	224	Louise Whyte	GBR	0:13:04	7	17:25	3:18	11	0:38:57	13	30.82	2:29	13	0:27:58	13	5:35	1:25:44	0:14:43	
14	227	Linda Sweeney	IRL	0:14:03	11	18:42	4:44	14	0:42:15	14	28.41	2:39	14	0:32:18	14	6:27	1:35:57	0:24:56	

EC: Sprint: EC Men 30-34

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	184	Mark Nolan	IRL	0:11:33	11	15:23	2:13	1	0:28:10	1	42.60	1:41	3	0:18:28	1	3:41	1:02:04		
2	181	Joe Lynch	IRL	0:12:08	16	16:10	2:14	2	0:29:09	2	41.17	1:34	1	0:18:46	2	3:45	1:03:49	0:01:45	
3	169	Robert Downes	IRL	0:10:26	1	13:53	2:18	3	0:29:19	3	40.95	1:47	4	0:20:06	8	4:01	1:03:54	0:01:50	
4	177	Mark Horan	IRL	0:11:20	10	15:05	2:32	14	0:29:22	4	40.87	1:54	12	0:19:33	3	3:54	1:04:39	0:02:35	
5	163	Gary Wilson	GBR	0:10:33	4	14:03	2:25	5	0:30:44	8	39.06	1:59	15	0:19:52	4	3:58	1:05:31	0:03:27	
6	158	James Nunn	GBR	0:11:34	12	15:24	2:32	12	0:30:58	10	38.76	1:49	6	0:20:01	6	4:00	1:06:51	0:04:47	
7	156	John Mason	GBR	0:10:44	6	14:18	2:32	13	0:31:42	17	37.87	1:54	11	0:20:29	10	4:05	1:07:19	0:05:15	
8	161	Andrew Wallace	GBR	0:10:32	3	14:02	2:30	8	0:31:18	15	38.34	1:59	16	0:21:07	15	4:13	1:07:24	0:05:20	
9	159	Kristopher Rush	GBR	0:11:36	13	15:28	2:40	20	0:31:14	14	38.43	1:41	2	0:20:30	12	4:05	1:07:39	0:05:35	
10	186	Brian Roche	IRL	0:13:08	24	17:29	2:24	4	0:30:25	6	39.47	2:05	23	0:20:17	9	4:03	1:08:17	0:06:13	
11	153	Harry James	GBR	0:12:40	21	16:52	2:31	11	0:29:46	5	40.31	2:00	17	0:21:34	19	4:18	1:08:30	0:06:26	
12	170	Dessie Duffy	IRL	0:12:16	18	16:20	2:37	17	0:31:10	13	38.52	2:09	25	0:20:29	11	4:05	1:08:39	0:06:35	
13	157	Graham Murphy	GBR	0:10:39	5	14:11	2:29	7	0:32:34	27	36.86	1:49	5	0:21:38	22	4:19	1:09:07	0:07:03	
14	151	Philip Curtis	GBR	0:10:50	8	14:25	2:39	19	0:32:12	23	37.28	2:22	31	0:21:30	18	4:17	1:09:31	0:07:27	
15	165	Marc Butler	IRL	0:13:24	26	17:51	2:30	9	0:30:54	9	38.84	2:07	24	0:21:07	14	4:13	1:10:00	0:07:56	
16	154	Mark Joyce	GBR	0:12:16	19	16:21	2:47	26	0:32:03	21	37.46	1:51	9	0:21:09	16	4:13	1:10:05	0:08:01	
17	152	Chris Hill	GBR	0:11:44	14	15:38	2:45	24	0:31:38	16	37.94	2:25	33	0:21:35	20	4:19	1:10:05	0:08:01	
18	150	Matt Brentley	GBR	0:10:30	2	13:59	2:42	21	0:32:37	29	36.81	2:02	18	0:22:35	28	4:30	1:10:23	0:08:19	
19	168	Joseph Doherty	IRL	0:11:09	9	14:50	2:59	31	0:31:03	11	38.66	2:16	30	0:23:10	30	4:37	1:10:34	0:08:30	
20	185	John Paul O'Brien	IRL	0:12:13	17	16:16	2:54	29	0:32:35	28	36.85	2:03	20	0:20:59	13	4:11	1:10:41	0:08:37	
21	148	Thomas Bennett	GBR	0:12:44	22	16:58	2:39	18	0:30:36	7	39.23	2:15	29	0:22:32	27	4:30	1:10:44	0:08:40	
22	180	Andrew Kinane	IRL	0:14:06	29	18:47	2:48	27	0:31:58	20	37.55	2:02	19	0:20:05	7	4:00	1:10:57	0:08:53	
23	187	Thomas Walsh	IRL	0:12:06	15	16:07	2:44	23	0:32:14	24	37.24	1:57	14	0:22:01	24	4:24	1:11:01	0:08:57	
24	174	Aidan Gorry	IRL	0:14:02	28	18:41	2:53	28	0:32:33	26	36.87	2:04	21	0:19:56	5	3:59	1:11:26	0:09:22	
25	160	Jonathan Walford	GBR	0:12:58	23	17:16	3:02	32	0:31:05	12	38.61	2:10	26	0:22:24	26	4:28	1:11:37	0:09:33	
26	183	Philip Manuel	IRL	0:14:11	30	18:54	2:33	16	0:31:46	18	37.79	1:55	13	0:21:54	23	4:22	1:12:17	0:10:13	
27	176	Derek Hayden	IRL	0:13:20	25	17:46	2:30	10	0:32:04	22	37.43	1:51	8	0:22:41	29	4:32	1:12:25	0:10:21	
28	155	Bruce Mac Lean	GBR	0:10:47	7	14:22	3:12	33	0:32:40	30	36.75	2:13	28	0:24:08	31	4:49	1:12:59	0:10:55	
29	188	Eoin Ward	IRL	0:15:07	33	20:08	2:27	6	0:32:29	25	36.94	1:50	7	0:21:17	17	4:15	1:13:08	0:11:04	

2010 Athlone Triathlon European Championships

Results: Categories

EC: Sprint: EC Men 30-34

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
30	171	James Dunphy	IRL	0:15:04	32	20:05	2:32	15	0:31:53	19	37.65	1:52	10	0:22:18	25	4:27	1:13:37	0:11:33	
31	179	Noel Keleghan	IRL	0:12:18	20	16:23	2:44	22	0:34:31	33	34.77	2:04	22	0:24:36	33	4:55	1:16:12	0:14:08	
32	162	Bradley Wilson	GBR	0:14:01	27	18:40	3:30	35	0:33:09	31	36.20	2:24	32	0:24:28	32	4:53	1:17:30	0:15:26	
33	182	Anthony Maguire	IRL	0:18:11	35	24:14	2:46	25	0:34:12	32	35.09	2:11	27	0:21:36	21	4:19	1:18:54	0:16:50	
34	172	Alan Fitzpatrick	IRL	0:14:56	31	19:53	3:23	34	0:35:00	34	34.30	2:34	34	0:24:58	34	4:59	1:20:48	0:18:44	
35	173	Eugene Forde	IRL	0:15:12	34	20:15	2:59	30	0:38:49	36	30.92	3:13	36	0:28:58	35	5:47	1:29:09	0:27:05	
36	166	Garret Carragher	IRL	0:20:22	36	27:08	3:57	36	0:38:38	35	31.07	3:03	35	0:29:26	36	5:53	1:35:24	0:33:20	
DNF	167	Michael Deasy	IRL	0	0			0	0	0			0	0	0				
DNF	175	Darragh Halpenny	IRL	0	0			0	0	0			0	0	0				
DNF	178	Kevin Keane	IRL	0	0			0	0	0			0	0	0				
DNF	149	Andrew Bloxam	GBR	0	0			0	0	0			0	0	0				
DSQ	164	Brian Bonham	IRL	0	0			0	0	0			0	0	0				

EC: Sprint: EC Women 30-34

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	246	Elizabeth Lee	IRL	0:11:10	1	14:52	2:26	2	0:35:15	11	34.06	1:51	1	0:20:19	1	4:03	1:10:59		
2	237	Anna Turvey	GBR	0:12:52	6	17:08	2:45	6	0:32:36	1	36.81	2:03	4	0:21:04	2	4:12	1:11:19	0:00:20	
3	248	Aoife Lynch	IRL	0:12:13	2	16:16	2:24	1	0:33:33	4	35.78	2:07	6	0:22:20	5	4:27	1:12:35	0:01:36	
4	253	Emma Quirke	IRL	0:12:15	4	16:19	3:12	20	0:33:21	3	36.00	2:05	5	0:22:56	7	4:35	1:13:46	0:02:47	
5	234	Claire Nichols	GBR	0:13:45	9	18:19	3:01	12	0:35:26	12	33.87	2:14	14	0:21:20	3	4:15	1:15:45	0:04:46	
6	243	Siobhain Duggan	IRL	0:12:32	5	16:42	2:42	4	0:33:19	2	36.02	2:10	9	0:25:09	14	5:01	1:15:51	0:04:52	
7	229	Rebecca Brand	GBR	0:14:03	12	18:44	3:11	19	0:33:51	5	35.46	2:10	7	0:23:08	8	4:37	1:16:20	0:05:21	
8	245	Rachel Glendon	IRL	0:12:13	3	16:16	2:30	3	0:34:42	10	34.59	2:13	10	0:26:33	21	5:18	1:18:09	0:07:10	
9	255	Tara Whyte	IRL	0:14:21	17	19:07	3:05	14	0:36:20	15	33.04	1:55	3	0:22:53	6	4:34	1:18:33	0:07:34	
10	233	Jennifer Moffat	GBR	0:14:13	15	18:57	3:05	15	0:33:53	6	35.43	2:22	19	0:25:36	17	5:07	1:19:08	0:08:09	
11	254	Sinead Wearan	IRL	0:16:02	23	21:21	2:49	7	0:34:06	7	35.19	2:10	8	0:24:11	9	4:50	1:19:16	0:08:17	
12	232	Sarah Janes	GBR	0:14:15	16	18:59	2:55	9	0:34:09	9	35.15	2:18	16	0:25:51	18	5:10	1:19:25	0:08:26	
13	251	Aileen O'Reilly	IRL	0:14:49	21	19:44	2:44	5	0:34:07	8	35.19	2:37	23	0:25:51	19	5:10	1:20:06	0:09:07	
14	244	Maire Fox	IRL	0:14:22	18	19:08	3:41	25	0:36:31	17	32.86	2:20	17	0:24:53	12	4:58	1:21:46	0:10:47	
15	235	Samantha Rankin	GBR	0:13:05	7	17:26	2:58	10	0:36:22	16	33.00	2:13	11	0:27:26	23	5:29	1:22:04	0:11:05	
16	241	Susan Brady	IRL	0:16:04	24	21:24	3:08	16	0:39:03	23	30.74	2:15	15	0:22:18	4	4:27	1:22:45	0:11:46	
17	231	Kirstie Hamilton	GBR	0:14:12	14	18:56	3:03	13	0:35:49	13	33.52	2:32	22	0:27:13	22	5:26	1:22:48	0:11:49	
18	238	Rosemary Watson	GBR	0:14:28	19	19:16	3:41	26	0:36:20	14	33.04	2:14	12	0:26:16	20	5:15	1:22:57	0:11:58	
19	239	Lindsay Woodford	GBR	0:14:03	11	18:43	3:10	18	0:38:02	19	31.56	2:14	13	0:25:34	16	5:06	1:23:02	0:12:03	
20	236	Natalie Snow	GBR	0:14:06	13	18:47	3:35	23	0:38:07	21	31.49	2:48	26	0:25:01	13	5:00	1:23:34	0:12:35	
21	250	Helen Murphy	IRL	0:13:55	10	18:32	3:15	21	0:40:17	25	29.79	1:54	2	0:24:18	10	4:51	1:23:38	0:12:39	
22	249	Sinead Moffatt	IRL	0:14:53	22	19:49	2:51	8	0:39:16	24	30.56	2:20	18	0:24:44	11	4:56	1:24:02	0:13:03	
23	247	Aoife Logan	IRL	0:13:22	8	17:48	3:09	17	0:37:44	18	31.80	2:23	20	0:29:27	24	5:53	1:26:03	0:15:04	
24	228	Caroline Bell	GBR	0:17:15	25	22:59	3:01	11	0:38:19	22	31.32	2:25	21	0:25:17	15	5:03	1:26:15	0:15:16	
25	242	Julia Carroll	IRL	0:14:34	20	19:24	3:21	22	0:38:04	20	31.53	2:47	25	0:30:31	25	6:06	1:29:16	0:18:17	
26	252	Ciara O'Brien	IRL	0:19:33	26	26:03	3:36	24	0:41:03	26	29.24	2:37	24	0:31:16	26	6:15	1:38:02	0:27:03	
DNF	230	Lucy Chatfield	GBR	0	0			0	0	0			0	0	0				
DSQ	240	Sharon Bates	IRL	0	0			0	0	0			0	0	0				

EC: Sprint: EC Men 35-39

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	310	Stephen Mavin	GBR	0:09:03	1	12:03	2:32	13	0:30:39	7	39.16	1:41	1	0:21:03	11	4:12	1:04:57		
2	316	Tony Weed	GBR	0:10:08	3	13:30	2:17	2	0:29:48	3	40.28	1:49	3	0:21:05	12	4:12	1:05:06	0:00:09	
3	309	Toby Matthewson	GBR	0:10:55	8	14:32	2:57	29	0:30:28	6	39.40	2:06	17	0:18:55	1	3:46	1:05:20	0:00:23	
4	307	Paul James	GBR	0:10:33	4	14:02	2:24	6	0:29:49	4	40.26	1:51	4	0:20:51	9	4:10	1:05:26	0:00:29	
5	311	David McDougall	GBR	0:10:43	5	14:16	2:22	4	0:30:15	5	39.69	1:53	7	0:20:54	10	4:10	1:06:04	0:01:07	
6	300	Stuart Archer	GBR	0:10:51	7	14:27	2:19	3	0:31:07	9	38.58	1:52	5	0:20:12	3	4:02	1:06:20	0:01:23	
7	305	Richard Hamilton	GBR	0:12:40	14	16:52	2:28	9	0:29:36	2	40.55	2:01	14	0:20:28	8	4:05	1:07:10	0:02:13	
8	324	Paul Dunne	IRL	0:12:57	19	17:15	2:25	7	0:29:32	1	40.63	2:08	19	0:22:03	22	4:24	1:09:03	0:04:06	
9	330	Gareth McCormack	IRL	0:13:36	23	18:07	2:15	1	0:31:06	8	38.59	1:48	2	0:20:26	6	4:05	1:09:09	0:04:12	
10	304	Matthew Gallop	GBR	0:10:05	2	13:26	2:27	8	0:33:45	25	35.56	2:08	20	0:21:08	13	4:13	1:09:31	0:04:34	
11	340	Victor Thompson	IRL	0:11:45	9	15:39	2:37	17	0:32:04	11	37.42	2:09	21	0:21:27	14	4:17	1:10:00	0:05:03	
12	306	Ashley Howes	GBR	0:12:43	15	16:57	2:36	16	0:33:05	20	36.27	1:53	8	0:20:23	5	4:04	1:10:38	0:05:41	
13	314	Andrew Shaw	GBR	0:12:50	17	17:06	2:30	11	0:32:30	15	36.93	1:52	6	0:21:52	19	4:22	1:11:32	0:06:35	
14	312	Daniel Powell	GBR	0:12:00	11	15:59	2:28	10	0:31:55	10	37.61	2:11	24	0:23:24	31	4:40	1:11:55	0:06:58	
15	318	Sean Barry	IRL	0:14:33	28	19:22	2:59	30	0:32:25	14	37.02	2:31	36	0:19:51	2	3:58	1:12:17	0:07:20	
16	308	Robbie Macnab	GBR	0:10:45	6	14:19	2:46	21	0:32:51	17	36.53	2:09	23	0:23:46	33	4:45	1:12:17	0:07:20	
17	317	Adrian Wyatt	GBR	0:12:52	18	17:08	2:56	28	0:32:21	13	37.11	2:21	30	0:22:08	24	4:25	1:12:36	0:07:39	

2010 Athlone Triathlon European Championships

Results: Categories

EC: Sprint: EC Men 35-39

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
18	326	Dermot Hickey	IRL	0:12:01	12	16:00	2:30	12	0:34:11	31	35.11	2:32	37	0:21:56	20	4:23	1:13:08	0:08:11	
19	303	Gerry Frewin	GBR	0:13:06	21	17:27	3:11	35	0:34:28	32	34.83	2:01	15	0:20:27	7	4:05	1:13:11	0:08:14	
20	334	Michael Murphy	IRL	0:15:30	35	20:40	2:40	19	0:32:51	16	36.55	1:57	11	0:20:17	4	4:03	1:13:13	0:08:16	
21	315	David Tierney	GBR	0:13:06	20	17:26	2:56	27	0:32:59	19	36.39	2:09	22	0:22:07	23	4:25	1:13:14	0:08:17	
22	331	Paul McGirr	IRL	0:14:19	25	19:04	2:49	22	0:33:26	22	35.90	1:55	9	0:21:39	17	4:19	1:14:06	0:09:09	
23	301	Angus Beaumont	GBR	0:15:16	34	20:20	3:01	31	0:32:16	12	37.19	1:59	13	0:21:37	15	4:19	1:14:07	0:09:10	
24	339	Mark Quinn	IRL	0:12:48	16	17:03	2:42	20	0:34:10	30	35.14	1:59	12	0:23:00	29	4:35	1:14:36	0:09:39	
25	302	Scott Curley	GBR	0:14:56	32	19:53	2:33	15	0:33:07	21	36.25	2:03	16	0:22:01	21	4:24	1:14:38	0:09:41	
26	333	Eoghan Mooney	IRL	0:12:39	13	16:51	3:11	37	0:33:59	28	35.32	2:14	25	0:23:01	30	4:36	1:15:03	0:10:06	
27	323	Dermot Duffy	IRL	0:14:27	27	19:15	2:33	14	0:33:38	24	35.69	2:07	18	0:22:50	28	4:33	1:15:33	0:10:36	
28	327	Pauric Kelly	IRL	0:14:41	30	19:34	2:38	18	0:33:58	27	35.34	2:17	27	0:22:38	26	4:31	1:16:11	0:11:14	
29	329	Karl McCann	IRL	0:13:23	22	17:49	3:11	36	0:34:06	29	35.20	2:20	29	0:23:37	32	4:43	1:16:34	0:11:37	
30	336	Jack Olden	IRL	0:11:59	10	15:57	2:53	24	0:32:54	18	36.48	2:29	35	0:27:02	37	5:24	1:17:16	0:12:19	
31	338	David Osborne	IRL	0:18:06	38	24:06	2:22	5	0:33:29	23	35.85	1:56	10	0:21:42	18	4:20	1:17:33	0:12:36	
32	328	Dave Martin	IRL	0:14:40	29	19:32	2:55	26	0:33:52	26	35.44	2:24	32	0:25:02	35	5:00	1:18:51	0:13:54	
33	325	Niall Hefferman	IRL	0:14:52	31	19:48	2:49	23	0:36:34	35	32.82	2:19	28	0:22:36	25	4:31	1:19:08	0:14:11	
34	319	Gordon Brett	IRL	0:16:20	37	21:46	3:08	34	0:35:47	34	33.54	2:26	34	0:22:40	27	4:31	1:20:20	0:15:23	
35	335	Aaron Nulty	IRL	0:14:25	26	19:12	3:07	33	0:36:41	36	32.72	2:22	31	0:24:27	34	4:53	1:21:00	0:16:03	
36	320	Liam Byrne	IRL	0:20:39	39	27:31	2:55	25	0:35:34	33	33.75	2:16	26	0:21:37	16	4:19	1:22:59	0:18:02	
37	322	Stuart Curtis	IRL	0:13:48	24	18:24	3:34	38	0:37:48	37	31.76	2:39	39	0:26:37	36	5:19	1:24:23	0:19:26	
38	321	Kenneth Collins	IRL	0:14:58	33	19:56	3:06	32	0:37:50	38	31.72	2:37	38	0:27:19	38	5:27	1:25:49	0:20:52	
39	337	David O'Prey	IRL	0:15:31	36	20:40	3:36	39	0:38:20	39	31.31	2:25	33	0:28:48	39	5:45	1:28:38	0:23:41	
DNF	332	Andrew McGuinness	IRL	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
DNF	313	Stuart Reilly	GBR	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

EC: Sprint: EC Women 35-39

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	418	Marie Stansmore	GBR	0:11:43	1	15:36	2:28	1	0:34:20	2	34.96	2:05	6	0:21:35	2	4:18	1:12:09		
2	409	Michelle Lloyd	GBR	0:12:13	3	16:16	2:35	4	0:35:41	9	33.64	2:04	4	0:22:42	4	4:32	1:15:13	0:03:04	
3	429	Cathy Wyse	IRL	0:15:14	23	20:18	2:47	8	0:33:37	1	35.70	2:21	19	0:22:05	3	4:24	1:16:03	0:03:54	
4	411	Astrid Mckeown	GBR	0:13:10	6	17:33	2:54	12	0:37:26	21	32.06	2:07	10	0:21:03	1	4:12	1:16:39	0:04:30	
5	413	Jo Perriam	GBR	0:13:15	7	17:39	2:42	7	0:34:28	3	34.82	2:06	8	0:24:22	11	4:52	1:16:52	0:04:43	
6	401	Emma Bexson	GBR	0:13:19	9	17:45	2:49	9	0:35:33	7	33.76	1:58	1	0:23:27	8	4:41	1:17:04	0:04:55	
7	403	Harriet Chettleburgh	GBR	0:13:18	8	17:43	2:28	2	0:36:39	17	32.76	2:03	3	0:23:11	6	4:38	1:17:38	0:05:29	
8	425	Margaret Kelly	IRL	0:13:33	13	18:03	2:51	11	0:35:52	11	33.47	2:15	15	0:23:24	7	4:40	1:17:53	0:05:44	
9	416	Clare Scott	GBR	0:14:00	16	18:39	2:40	5	0:34:34	4	34.73	2:08	11	0:24:50	14	4:57	1:18:09	0:06:00	
10	406	Heather Grimes	GBR	0:13:24	11	17:50	2:33	3	0:35:43	10	33.60	2:02	2	0:24:35	12	4:54	1:18:15	0:06:06	
11	410	Jo Malpass	GBR	0:14:13	17	18:57	2:57	14	0:36:11	12	33.18	2:07	9	0:22:55	5	4:34	1:18:22	0:06:13	
12	423	Aileen Flynn	IRL	0:14:18	18	19:03	3:04	17	0:35:05	6	34.21	2:21	20	0:24:00	9	4:47	1:18:46	0:06:37	
13	427	Fionnuala Ni Bhradaigh	IRL	0	0	0	0	0	0	0	0	0	0	9:29:55	27	53:59	1:19:52	0:07:43	
14	404	Catherine French	GBR	0:13:29	12	17:58	2:50	10	0:36:15	13	33.11	2:14	13	0:25:16	19	5:03	1:20:03	0:07:54	
15	417	Rebecca Sore	GBR	0:14:25	19	19:12	3:11	20	0:35:03	5	34.25	2:31	23	0:25:12	17	5:02	1:20:19	0:08:10	
16	420	Gisela Koch	GER	0:13:51	15	18:27	2:59	15	0:35:40	8	33.66	2:24	21	0:26:18	23	5:15	1:21:10	0:09:01	
17	408	Fiona Laffan	GBR	0:15:03	21	20:02	3:23	26	0:36:40	18	32.73	2:11	12	0:25:09	16	5:01	1:22:24	0:10:15	
18	407	Kerrise James	GBR	0:16:36	26	22:07	3:21	25	0:36:31	15	32.87	2:19	17	0:24:10	10	4:49	1:22:55	0:10:46	
19	400	Louise Bennett	GBR	0:15:04	22	20:04	3:24	27	0:36:28	14	32.92	2:15	14	0:25:51	21	5:10	1:23:00	0:10:51	
20	426	Deborah Meghan	IRL	0:13:21	10	17:47	3:01	16	0:39:12	25	30.62	2:19	18	0:25:20	20	5:03	1:23:12	0:11:03	
21	419	Madelein Van De Merwe	GBR	0:13:02	4	17:22	3:07	18	0:38:30	23	31.17	2:40	25	0:26:07	22	5:13	1:23:25	0:11:16	
22	422	Breda Daly	IRL	0:15:00	20	19:59	2:41	6	0:37:15	19	32.22	2:05	5	0:26:39	24	5:19	1:23:37	0:11:28	
23	421	Cheryl Kathleen Cardwell	IRL	0:15:27	24	20:35	3:18	24	0:37:21	20	32.14	2:57	26	0:25:15	18	5:02	1:24:16	0:12:07	
24	412	Melanie Nicholls	GBR	0:13:04	5	17:24	3:14	22	0:40:51	26	29.38	2:27	22	0:25:00	15	4:59	1:24:35	0:12:26	
25	424	Helen French	IRL	0:18:04	27	24:05	3:10	19	0:38:02	22	31.56	2:15	16	0:24:50	13	4:57	1:26:21	0:14:12	
26	428	Geraldine O'Shea	IRL	0:15:27	25	20:35	3:12	21	0:38:49	24	30.92	2:06	7	0:27:12	25	5:26	1:26:44	0:14:35	
27	415	Melanie Ryding	GBR	0:13:49	14	18:25	3:16	23	0:36:37	16	32.79	2:40	24	0:31:47	26	6:21	1:28:07	0:15:58	
DNF	405	Lisa Greenfield	GBR	0:11:50	2	15:46	2:54	13	0	0	0	0	0	0	0	0	0	0	0:14:44
DNF	402	Helen Cassidy	GBR	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
DNF	485	Sharon Perry	GBR	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

EC: Sprint: EC Men 40-44

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	349	Alan Harris	GBR	0:11:53	5	15:50	2:25	3	0:30:03	6	39.94	1:54	4	0:20:06	5	4:01	1:06:20		
2	353	Steve Mckeown	GBR	0:11:54	6	15:51	2:22	2	0:30:31	8	39.32	2:02	11	0:19:39	1	3:55	1:06:27	0:00:07	
3	345	Jon Darwent	GBR	0:12:02	8	16:02	2:27	4	0:31:23	10	38.24	1:40	2	0:19:44	2	3:56	1:07:15	0:00:55	

2010 Athlone Triathlon European Championships

Results: Categories

EC: Sprint: EC Men 40-44

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
4	356	Dean Ratcliffe	GBR	0:11:10	1	14:52	2:51	18	0:29:26	4	40.78	2:08	16	0:21:51	17	4:22	1:07:24	0:01:04	
5	346	Peter Evans	GBR	0:12:51	18	17:07	2:46	12	0:29:04	1	41.29	2:06	14	0:21:27	11	4:17	1:08:13	0:01:53	
6	358	James Whale	GBR	0:12:20	13	16:26	3:04	25	0:30:15	7	39.68	1:57	6	0:20:57	7	4:11	1:08:31	0:02:11	
7	370	Paul McConnellogue	IRL	0:11:16	2	15:00	2:43	9	0:30:50	9	38.93	1:59	9	0:22:14	20	4:26	1:09:00	0:02:40	
8	352	Stephen Lloyd	GBR	0:12:07	11	16:08	2:51	19	0:29:50	5	40.23	2:17	26	0:22:14	19	4:26	1:09:18	0:02:58	
9	364	David Fagan	IRL	0:14:43	28	19:36	2:44	10	0:29:08	2	41.20	2:08	17	0:21:02	8	4:12	1:09:43	0:03:23	
10	378	Eamonn Tilley	IRL	0:12:45	16	16:59	2:37	8	0:32:12	14	37.28	1:38	1	0:20:35	6	4:06	1:09:45	0:03:25	
11	348	Vincent Halpern	GBR	0:14:27	24	19:15	2:56	22	0:29:20	3	40.92	2:01	10	0:21:04	9	4:12	1:09:47	0:03:27	
12	347	Nick Grimer	GBR	0:12:49	17	17:04	2:50	16	0:32:44	21	36.67	2:06	13	0:19:45	3	3:57	1:10:13	0:03:53	
13	373	Jarlath Naughton	IRL	0:11:19	3	15:04	3:19	32	0:32:37	18	36.81	2:11	22	0:21:38	13	4:19	1:11:02	0:04:42	
14	350	Brian Kilbey	GBR	0:13:42	23	18:15	2:12	1	0:31:54	12	37.63	1:57	7	0:21:49	16	4:21	1:11:33	0:05:13	
15	355	Michael Pinkney	GBR	0:12:11	12	16:14	2:53	21	0:32:01	13	37.48	2:03	12	0:22:34	22	4:30	1:11:41	0:05:21	
16	341	James Barton	GBR	0:12:25	14	16:32	2:50	17	0:34:35	30	34.70	2:06	15	0:19:47	4	3:57	1:11:42	0:05:22	
17	365	Sean Farrell	IRL	0:11:49	4	15:45	2:31	6	0:32:47	22	36.60	2:11	23	0:22:57	25	4:35	1:12:14	0:05:54	
18	357	Ian Slater	GBR	0:13:39	22	18:11	3:12	30	0:31:28	11	38.15	2:09	19	0:21:48	14	4:21	1:12:14	0:05:54	
19	362	Richard Cattle	IRL	0:13:36	21	18:07	2:30	5	0:32:41	20	36.72	1:58	8	0:21:31	12	4:18	1:12:15	0:05:55	
20	342	Paul Brockway	GBR	0:12:00	7	15:59	2:32	7	0:33:46	24	35.55	1:52	3	0:22:41	23	4:32	1:12:50	0:06:30	
21	351	Ian Lee-emery	GBR	0:12:31	15	16:40	3:05	26	0:32:40	19	36.74	2:08	18	0:22:33	21	4:30	1:12:57	0:06:37	
22	344	Tom Chambers	GBR	0:12:02	9	16:02	2:47	14	0:34:13	26	35.07	1:55	5	0:22:14	18	4:26	1:13:10	0:06:50	
23	371	Bernard McGuinness	IRL	0:12:58	19	17:17	2:57	23	0:32:20	15	37.13	2:11	21	0:22:54	24	4:34	1:13:18	0:06:58	
24	375	Conor O'Neill	IRL	0:14:54	30	19:50	2:44	11	0:32:22	16	37.08	2:35	32	0:21:18	10	4:15	1:13:50	0:07:30	
25	354	Stephen Morales	GBR	0:13:01	20	17:21	2:49	15	0:33:58	25	35.34	2:16	24	0:21:49	15	4:21	1:13:51	0:07:31	
26	343	Steven Casson	GBR	0:12:07	10	16:08	3:10	29	0:32:26	17	37.00	2:11	20	0:24:31	28	4:54	1:14:22	0:08:02	
27	361	Patrick Brennan	IRL	0:14:52	29	19:48	3:02	24	0:34:27	27	34.84	2:20	27	0:23:31	26	4:42	1:18:10	0:11:50	
28	368	Brendan Mannix	IRL	0:14:38	27	19:29	2:52	20	0:34:34	28	34.73	2:29	28	0:24:35	30	4:54	1:19:06	0:12:46	
29	360	Patrick Bilbow	IRL	0:16:12	32	21:35	3:15	31	0:33:07	23	36.25	2:32	30	0:26:01	33	5:12	1:21:05	0:14:45	
30	367	Shane Kearney	IRL	0:14:31	25	19:21	3:08	27	0:34:35	29	34.71	2:31	29	0:27:44	35	5:32	1:22:27	0:16:07	
31	372	David Murphy	IRL	0:16:46	33	22:21	3:08	28	0:36:00	32	33.35	2:34	31	0:24:32	29	4:54	1:22:58	0:16:38	
32	376	Noel O'Reilly	IRL	0:17:03	34	22:43	2:47	13	0:35:51	31	33.48	2:16	25	0:25:18	32	5:03	1:23:12	0:16:52	
33	374	Emmet O'Brien	IRL	0:14:35	26	19:25	3:27	33	0:36:06	33	33.25	2:43	35	0:27:22	34	5:28	1:24:10	0:17:50	
34	366	Pat Hughes	IRL	0:15:57	31	21:14	3:59	36	0:38:22	35	31.29	3:37	36	0:24:41	31	4:56	1:26:33	0:20:13	
35	359	Mark Austin	IRL	0:18:18	37	24:23	3:33	34	0:39:03	36	30.74	2:43	34	0:24:30	27	4:53	1:28:05	0:21:45	
36	377	Fraser Preston	IRL	0:17:59	36	23:58	3:51	35	0:37:44	34	31.81	2:41	33	0:31:09	36	6:13	1:33:22	0:27:02	
37	363	David Curtis	IRL	0:17:48	35	23:43	4:24	37	0:42:46	37	28.07	3:42	37	0:31:49	37	6:21	1:40:26	0:34:06	
DNF	369	Alan Maye	IRL		0			0		0			0		0				
DSQ	379	David Waterman	IRL		0			0		0			0		0				

EC: Sprint: EC Women 40-44

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	436	Lisa Roberts	GBR	0:11:10	1	14:52	2:22	1	0:31:18	1	38.34	2:05	4	0:24:39	7	4:55	1:11:33		
2	431	Claire Hitchings	GBR	0:12:50	4	17:06	2:26	2	0:32:20	2	37.13	2:02	1	0:23:09	3	4:37	1:12:45	0:01:12	
3	437	Anke Lakies	GER	0:13:00	6	17:19	2:34	3	0:33:58	3	35.33	2:04	3	0:21:59	1	4:23	1:13:34	0:02:01	
4	433	Catherine Linney	GBR	0:11:23	2	15:09	2:44	4	0:34:21	4	34.94	2:03	2	0:23:28	4	4:41	1:13:57	0:02:24	
5	434	Jacqui Phillips	GBR	0:12:54	5	17:11	3:02	7	0:34:35	5	34.71	2:07	5	0:22:35	2	4:30	1:15:11	0:03:38	
6	444	Paula Murray	IRL	0:13:21	7	17:48	3:00	6	0:35:26	7	33.87	2:22	8	0:23:40	5	4:43	1:17:48	0:06:15	
7	435	Hester Pollock	GBR	0:12:04	3	16:05	2:48	5	0:34:52	6	34.42	2:18	7	0:26:06	9	5:13	1:18:06	0:06:33	
8	430	Alison Bowen	GBR	0:13:49	8	18:24	3:18	9	0:36:16	8	33.09	2:13	6	0:24:04	6	4:48	1:19:39	0:08:06	
9	441	Alison McConnell	IRL	0:13:54	9	18:30	3:05	8	0:36:33	9	32.84	2:44	11	0:25:33	8	5:06	1:21:46	0:10:13	
10	443	Fiona Murphy Ni Bhriain	IRL	0:18:49	14	25:04	3:41	12	0:37:12	10	32.26	2:26	9	0:28:38	11	5:43	1:30:44	0:19:11	
11	439	Orla Donnelly	IRL	0:14:04	10	18:44	4:18	14	0:41:06	14	29.20	3:10	14	0:28:47	12	5:45	1:31:24	0:19:51	
12	438	Una Casserly	IRL	0:16:12	11	21:34	3:30	10	0:40:44	13	29.47	3:04	13	0:29:03	13	5:48	1:32:31	0:20:58	
13	440	Martha Ellison	IRL	0:16:25	12	21:52	3:58	13	0:39:18	11	30.54	2:50	12	0:30:08	14	6:01	1:32:37	0:21:04	
14	442	Denise Murphy	IRL	0:17:50	13	23:45	3:38	11	0:40:05	12	29.95	2:35	10	0:28:32	10	5:42	1:32:37	0:21:04	
DNF	432	Christine Jackson	GBR		0			0		0			0		0				

EC: Sprint: EC Men 45-49

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	500	Michael BirkeBjrk	DEN	0:10:34	5	14:05	2:29	6	0:29:13	1	41.08	2:16	26	0:20:56	5	4:11	1:05:26		
2	536	James Brown	SWE	0:10:27	3	13:55	2:24	2	0:31:44	8	37.83	1:49	1	0:20:41	3	4:08	1:07:03	0:01:37	
3	535	Andrea Lovato	ITA	0:10:23	2	13:49	2:29	7	0:32:04	11	37.43	2:08	14	0:20:32	2	4:06	1:07:34	0:02:08	
4	511	Paul Jennings	GBR	0:10:21	1	13:47	2:59	21	0:32:29	15	36.96	2:06	12	0:20:27	1	4:05	1:08:20	0:02:54	
5	518	Mark Thomas	GBR	0:12:09	9	16:10	2:27	5	0:31:32	4	38.06	2:07	13	0:21:17	6	4:15	1:09:30	0:04:04	
6	520	Hugo Woddiss	GBR	0:11:22	8	15:09	2:40	8	0:31:47	9	37.76	2:04	8	0:22:03	11	4:24	1:09:54	0:04:28	

2010 Athlone Triathlon European Championships

Results: Categories

EC: Sprint: EC Men 45-49

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
7	531	Kevin O' Brien	IRL	0:12:55	16	17:12	2:43	10	0:31:35	6	38.00	1:52	2	0:20:54	4	4:10	1:09:57	0:04:31	
8	506	Gary Crane	GBR	0:10:28	4	13:56	2:25	3	0:31:06	3	38.60	2:10	16	0:24:50	28	4:57	1:10:56	0:05:30	
9	523	Jarlath Fearon	IRL	0:12:51	14	17:07	2:56	19	0:31:58	10	37.55	2:08	15	0:21:54	10	4:22	1:11:46	0:06:20	
10	502	Neil Beard	GBR	0:11:02	7	14:42	2:26	4	0:32:38	17	36.78	2:00	4	0:23:54	23	4:46	1:11:59	0:06:33	
11	528	Niall Maloney	IRL	0:12:38	12	16:50	2:23	1	0:32:29	16	36.95	1:58	3	0:22:42	17	4:32	1:12:08	0:06:42	
12	513	Brian Longman	GBR	0:10:52	6	14:29	3:12	26	0:34:20	26	34.96	2:00	5	0:21:51	9	4:22	1:12:14	0:06:48	
13	509	Collin Franklin	GBR	0:12:34	10	16:44	3:15	29	0:32:42	18	36.71	2:05	10	0:22:09	12	4:25	1:12:43	0:07:17	
14	519	Mark Warren	GBR	0:12:53	15	17:10	3:09	25	0:32:28	14	36.98	2:02	7	0:22:27	14	4:29	1:12:57	0:07:31	
15	514	Spencer Lynn	GBR	0:13:57	26	18:34	2:52	15	0:32:25	13	37.03	2:14	20	0:21:43	7	4:20	1:13:08	0:07:42	
16	516	Wayne Poulter	GBR	0:13:08	20	17:30	2:57	20	0:33:35	24	35.74	2:13	19	0:21:49	8	4:21	1:13:41	0:08:15	
17	505	Andy Chalmers	GBR	0:12:45	13	16:59	2:49	13	0:31:39	7	37.93	2:10	18	0:24:29	27	4:53	1:13:51	0:08:25	
18	515	Billy Mitchell	GBR	0:13:41	22	18:13	3:31	33	0:32:07	12	37.37	2:17	27	0:22:31	15	4:30	1:14:04	0:08:38	
19	504	Chris Brown	GBR	0:13:41	23	18:14	3:01	23	0:31:04	2	38.65	2:14	21	0:24:24	26	4:52	1:14:23	0:08:57	
20	512	Michael Lawrence	GBR	0:12:34	11	16:44	2:48	12	0:34:29	27	34.81	2:02	6	0:22:41	16	4:32	1:14:31	0:09:05	
21	517	Stephen Taylor	GBR	0:14:29	29	19:17	3:02	24	0:31:35	5	38.01	2:25	30	0:23:39	21	4:43	1:15:08	0:09:42	
22	501	Neil Barnes	GBR	0:13:08	19	17:29	2:54	17	0:33:05	20	36.29	2:05	11	0:24:09	25	4:49	1:15:19	0:09:53	
23	526	John Francis Logan	IRL	0:13:49	24	18:24	2:51	14	0:33:51	25	35.45	2:16	25	0:22:47	18	4:33	1:15:32	0:10:06	
24	525	Paul Hutton	IRL	0:14:02	28	18:42	3:29	32	0:33:10	22	36.19	2:15	22	0:23:07	19	4:37	1:16:01	0:10:35	
25	503	Gary Brine	GBR	0:13:01	17	17:20	2:42	9	0:33:01	19	36.36	2:04	9	0:25:33	30	5:06	1:16:19	0:10:53	
26	529	Stephen McAlister	IRL	0:15:18	31	20:23	3:01	22	0:34:30	28	34.79	2:15	23	0:22:19	13	4:27	1:17:22	0:11:56	
27	527	Martin Lydon	IRL	0:13:53	25	18:30	3:44	34	0:34:59	30	34.30	2:10	17	0:23:14	20	4:38	1:17:59	0:12:33	
28	510	Mark Howell	GBR	0:14:30	30	19:19	2:44	11	0:33:10	21	36.20	2:20	29	0:25:44	31	5:08	1:18:25	0:12:59	
29	380	Philip E.c Schadler	LIE	0:13:59	27	18:37	3:18	30	0:36:00	32	33.34	2:27	33	0:24:08	24	4:49	1:19:50	0:14:24	
30	533	Paul Thornbury	IRL	0:15:52	33	21:08	2:52	16	0:33:29	23	35.84	2:26	31	0:25:15	29	5:02	1:19:52	0:14:26	
31	522	Taco Campuijsen	IRL	0:13:04	18	17:24	3:14	28	0:35:48	31	33.52	2:26	32	0:26:07	32	5:13	1:20:37	0:15:11	
32	532	Marc O'Dwyer	IRL	0:16:53	34	22:30	2:55	18	0:36:26	33	32.94	2:17	28	0:23:44	22	4:44	1:22:14	0:16:48	
33	524	Brendan Giffney	IRL	0:13:28	21	17:56	3:25	31	0:38:05	35	31.51	2:15	24	0:26:08	33	5:13	1:23:20	0:17:54	
34	534	Kevin Totterdell	IRL	0:15:44	32	20:58	3:12	27	0:36:53	34	32.54	2:47	35	0:26:16	34	5:15	1:24:50	0:19:24	
35	521	Liam Boggan	IRL	0:19:41	35	26:14	4:01	35	0:34:41	29	34.60	2:36	34	0:26:27	35	5:17	1:27:25	0:21:59	
DNF	508	Robert Engers	GBR		0			0		0			0		0				
DNF	619	David Meagher	IRL		0			0		0			0		0				
DSQ	507	Paul Edgar	GBR		0			0		0			0		0				

EC: Sprint: EC Women 45-49

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	455	Niki Treacy	GBR	0:11:54	2	15:52	2:37	2	0:33:10	1	36.19	2:04	2	0:23:05	5	4:36	1:12:48		
2	445	Alison Bird	GBR	0:11:56	3	15:54	2:52	4	0:34:02	2	35.26	2:15	4	0:22:05	2	4:24	1:13:08	0:00:20	
3	448	Sharon Hill	GBR	0:11:54	1	15:51	2:35	1	0:35:41	6	33.63	2:02	1	0:23:02	4	4:36	1:15:11	0:02:23	
4	460	Anne Paul	IRL	0:13:25	5	17:52	2:56	5	0:35:10	4	34.13	2:25	9	0:22:00	1	4:23	1:15:54	0:03:06	
5	449	Claire Jackson	GBR	0:13:28	6	17:56	3:03	8	0:35:51	8	33.48	2:08	3	0:22:06	3	4:25	1:16:33	0:03:45	
6	451	Fiona Ridley	GBR	0:13:33	7	18:02	3:04	9	0:35:26	5	33.88	2:27	10	0:25:57	9	5:11	1:20:25	0:07:37	
7	458	Vera McCool	IRL	0:16:30	14	21:59	2:47	3	0:36:13	9	33.14	2:19	5	0:24:01	7	4:48	1:21:48	0:09:00	
8	447	Nicola Dick	GBR	0:13:57	8	18:34	2:58	6	0:39:16	12	30.57	2:45	13	0:23:44	6	4:44	1:22:38	0:09:50	
9	452	Zena Shean	GBR	0:13:15	4	17:39	3:35	12	0:38:40	11	31.04	2:55	15	0:24:49	8	4:57	1:23:13	0:10:25	
10	454	Alison Stagg	GBR	0:13:57	9	18:35	3:42	13	0:34:45	3	34.54	2:21	7	0:28:31	13	5:42	1:23:15	0:10:27	
11	446	Jill Carlin	GBR	0:16:32	15	22:01	3:00	7	0:36:51	10	32.58	2:23	8	0:26:46	10	5:21	1:25:30	0:12:42	
12	484	Deborah Manners	GBR	0:18:54	16	25:11	3:08	10	0:35:48	7	33.52	2:20	6	0:27:03	12	5:24	1:27:11	0:14:23	
13	457	Nuala Daly	IRL	0:16:10	12	21:32	3:15	11	0:41:19	16	29.05	2:40	12	0:26:53	11	5:22	1:30:14	0:17:26	
14	456	Elna Van der Ryst	GBR	0:16:07	11	21:28	4:16	15	0:40:04	13	29.95	3:06	16	0:31:34	14	6:18	1:35:05	0:22:17	
15	459	Anne McGrane	IRL	0:16:01	10	21:20	4:19	16	0:40:16	14	29.81	2:50	14	0:32:15	15	6:26	1:35:39	0:22:51	
16	450	Linda Jenkins	GBR	0:16:18	13	21:44	3:50	14	0:40:35	15	29.58	2:37	11	0:32:50	16	6:33	1:36:09	0:23:21	
DNF	453	Suzanne Sisson	GBR		0			0		0			0		0				

EC: Sprint: EC Men 50-54

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	537	Michel Darras	FRA	0:11:42	4	15:34	2:40	2	0:31:18	1	38.35	1:59	1	0:21:49	2	4:21	1:09:25		
2	620	Alan Kerr	GBR		0			0		0			0	9:32:03	27	54:24	1:12:01	0:02:36	
3	538	James Dickinson	GBR	0:13:19	10	17:44	3:01	10	0:31:44	4	37.82	2:10	8	0:21:53	3	4:22	1:12:04	0:02:39	
4	544	Pete Jenkins	GBR	0:13:55	16	18:32	2:59	7	0:31:25	2	38.21	2:00	3	0:21:54	4	4:22	1:12:11	0:02:46	
5	543	Ian Hughes	GBR	0:10:48	1	14:22	2:48	4	0:33:54	14	35.41	2:17	12	0:22:38	6	4:31	1:12:22	0:02:57	
6	539	Richard Dunbabin	GBR	0:12:46	7	17:01	2:40	3	0:33:02	11	36.33	2:00	2	0:22:43	8	4:32	1:13:10	0:03:45	
7	549	Michael Skivington	GBR	0:13:33	14	18:03	3:05	12	0:32:01	5	37.50	2:11	10	0:22:46	9	4:33	1:13:32	0:04:07	
8	547	Ian Pettitt	GBR	0:10:55	2	14:32	3:22	22	0:31:29	3	38.12	2:22	17	0:25:34	20	5:06	1:13:41	0:04:16	

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Results: Categories

EC: Sprint: EC Men 50-54

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
9	552	David Thomas	GBR	0:14:18	20	19:02	3:02	11	0:32:17	7	37.19	2:06	5	0:22:09	5	4:25	1:13:49	0:04:24	
10	554	Tim Woodman	GBR	0:13:31	12	18:00	2:36	1	0:32:31	8	36.91	2:02	4	0:23:52	14	4:46	1:14:31	0:05:06	
11	551	David Sutherland	GBR	0:12:18	5	16:23	3:10	15	0:32:55	10	36.47	2:09	7	0:24:42	18	4:56	1:15:11	0:05:46	
12	561	Seamus Moran	IRL	0:14:14	19	18:57	2:53	5	0:32:11	6	37.30	2:33	21	0:23:32	10	4:42	1:15:21	0:05:56	
13	557	Frank Dunlop	IRL	0:13:06	9	17:27	3:09	13	0:32:36	9	36.82	2:49	26	0:23:46	13	4:45	1:15:23	0:05:58	
14	558	Fergus Matthews	IRL	0:14:00	17	18:39	3:00	9	0:34:43	17	34.58	2:21	16	0:21:47	1	4:21	1:15:48	0:06:23	
15	550	Colin Southey	GBR	0:11:23	3	15:09	3:18	20	0:33:52	13	35.43	2:19	15	0:25:32	19	5:06	1:16:23	0:06:58	
16	618	Padraic Mitchell	IRL	0:13:30	11	17:59	3:17	18	0:33:41	12	35.63	2:15	11	0:23:59	15	4:47	1:16:41	0:07:16	
17	553	Tim Thomas	GBR	0:12:57	8	17:16	2:57	6	0:34:38	16	34.65	2:44	24	0:23:43	12	4:44	1:16:58	0:07:33	
18	541	Ian Gilham	GBR	0:14:01	18	18:40	3:00	8	0:35:03	18	34.24	2:09	6	0:23:41	11	4:44	1:17:52	0:08:27	
19	564	Declan Murray	IRL	0:15:12	23	20:15	3:10	14	0:35:32	22	33.78	2:17	13	0:22:40	7	4:31	1:18:49	0:09:24	
20	548	Tim Randell	GBR	0:13:50	15	18:25	3:18	19	0:35:21	20	33.96	2:24	18	0:24:25	16	4:52	1:19:15	0:09:50	
21	542	Peter Hayward	GBR	0:12:39	6	16:51	3:31	23	0:35:22	21	33.93	2:18	14	0:25:46	22	5:09	1:19:35	0:10:10	
22	563	John Murphy	IRL	0:13:31	13	18:00	3:14	17	0:37:18	24	32.17	2:10	9	0:24:32	17	4:54	1:20:43	0:11:18	
23	555	Tony Aston	IRL	0:14:24	21	19:11	3:22	21	0:35:17	19	34.02	2:44	23	0:26:48	23	5:21	1:22:33	0:13:08	
24	540	Paul Gardner	GBR	0:14:24	22	19:12	3:13	16	0:34:37	15	34.68	2:33	20	0:28:12	24	5:38	1:22:57	0:13:32	
25	559	Paul McCool	IRL	0:16:51	24	22:27	3:55	24	0:40:11	26	29.87	2:43	22	0:28:18	25	5:39	1:31:56	0:22:31	
26	562	Hugh Mulcahy	IRL	0:20:10	25	26:52	4:17	25	0:35:57	23	33.38	2:49	25	0:29:11	26	5:50	1:32:22	0:22:57	
27	556	Colman Candy	IRL	0:21:03	26	28:03	4:43	26	0:39:37	25	30.30	2:27	19	0:25:45	21	5:08	1:33:33	0:24:08	
DNF	565	Alan Smeaton	IRL		0			0		0			0		0				
DNF	546	Peter Orme	GBR		0			0		0			0		0				

EC: Sprint: EC Women 50-54

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	465	Mary Hardwick	GBR	0:12:58	1	17:17	2:59	3	0:35:28	1	33.84	2:15	1	0:26:28	3	5:17	1:20:07		
2	467	Carole Smith	GBR	0:13:36	3	18:07	2:41	1	0:38:20	5	31.32	2:25	3	0:23:59	1	4:47	1:20:58	0:00:51	
3	468	Dawn Vaughan	GBR	0:13:32	2	18:02	2:56	2	0:37:00	2	32.44	2:23	2	0:26:17	2	5:15	1:22:07	0:02:00	
4	462	Liz Dunlop	GBR	0:13:40	4	18:13	3:22	5	0:37:41	3	31.86	2:38	6	0:26:49	4	5:21	1:24:08	0:04:01	
5	461	Nicky Deane-Simmons	GBR	0:14:31	5	19:20	3:17	4	0:38:12	4	31.41	2:33	4	0:27:34	5	5:30	1:26:05	0:05:58	
6	464	Patricia Green	GBR	0:14:53	6	19:50	3:37	6	0:39:03	6	30.74	2:37	5	0:31:45	9	6:20	1:31:53	0:11:46	
7	463	Penny Fairbrass	GBR	0:15:45	8	20:59	4:10	7	0:40:50	7	29.39	2:46	7	0:30:36	7	6:07	1:34:06	0:13:59	
8	469	Mary Barrett	IRL	0:15:17	7	20:22	4:30	8	0:41:58	8	28.60	2:56	8	0:31:41	8	6:20	1:36:21	0:16:14	
9	470	Bernie Millar	IRL	0:22:35	9	30:05	5:03	9	0:43:18	9	27.71	3:09	9	0:28:22	6	5:40	1:42:25	0:22:18	
DNF	466	Bernadette Hourigan	GBR		0			0		0			0		0				

EC: Sprint: EC Men 55-59

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	567	Pascal Aubriot	FRA	0:12:23	1	16:30	3:09	7	0:31:42	1	37.87	2:11	3	0:22:38	2	4:31	1:12:01		
2	566	Iskandar Shakhov	RUS	0:12:24	2	16:31	2:48	1	0:35:24	12	33.91	2:12	4	0:21:22	1	4:16	1:14:07	0:02:06	
3	574	Ron White	GBR	0:13:14	7	17:38	2:57	4	0:32:27	4	36.99	2:04	1	0:23:54	5	4:46	1:14:35	0:02:34	
4	571	Andrew Lambert	GBR	0:13:12	5	17:34	3:04	5	0:32:24	3	37.04	2:05	2	0:24:15	7	4:50	1:14:58	0:02:57	
5	581	Brendan O'Neill	IRL	0:13:20	8	17:46	2:52	3	0:33:31	8	35.82	2:40	13	0:23:19	3	4:39	1:15:40	0:03:39	
6	570	Phillip Crouch	GBR	0:14:19	11	19:05	2:51	2	0:31:52	2	37.67	2:12	5	0:24:43	9	4:56	1:15:55	0:03:54	
7	576	Colm Daly	IRL	0:12:30	3	16:38	3:35	10	0:33:21	7	35.99	2:23	9	0:25:24	10	5:04	1:17:12	0:05:11	
8	575	Jim Cooke	IRL	0:14:33	12	19:23	3:55	13	0:32:49	6	36.57	2:23	10	0:23:38	4	4:43	1:17:16	0:05:15	
9	572	Ivan Newman	GBR	0:13:12	6	17:36	3:18	8	0:34:00	9	35.31	2:21	8	0:25:50	12	5:09	1:18:40	0:06:39	
10	569	Paul Cooper	GBR	0:14:49	13	19:45	3:37	11	0:32:46	5	36.64	2:32	11	0:25:26	11	5:05	1:19:08	0:07:07	
11	568	James Chisholm	GBR	0:15:35	14	20:46	3:08	6	0:34:41	10	34.60	2:13	6	0:23:55	6	4:46	1:19:31	0:07:30	
12	582	Charles Russell	IRL	0:14:12	10	18:54	3:42	12	0:35:08	11	34.17	3:05	16	0:24:30	8	4:53	1:20:34	0:08:33	
13	573	Thomas Palmer	GBR	0:14:11	9	18:53	3:19	9	0:37:06	13	32.36	2:18	7	0:25:58	13	5:11	1:22:50	0:10:49	
14	580	Thomas O'Donnell	IRL	0:13:08	4	17:29	4:08	15	0:37:45	15	31.80	3:03	15	0:29:07	16	5:49	1:27:09	0:15:08	
15	579	Michael Griffin	IRL	0:17:41	15	23:33	4:05	14	0:37:28	14	32.03	2:56	14	0:26:40	14	5:19	1:28:47	0:16:46	
16	578	Jim Fitzharris	IRL	0:19:16	16	25:41	4:34	16	0:38:06	16	31.50	2:34	12	0:26:44	15	5:20	1:31:13	0:19:12	
DNF	577	Patrick Devitt	IRL		0			0		0			0		0				

EC: Sprint: EC Women 55-59

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	474	Janet Oliver	GBR	0:13:47	1	18:21	3:24	2	0:36:52	1	32.56	2:29	1	0:27:47	1	5:33	1:24:18		
2	475	Isabel Palmer	GBR	0:14:45	2	19:40	3:24	1	0:40:39	4	29.52	3:06	4	0:29:30	2	5:53	1:31:22	0:07:04	
3	472	Beverley Hunt	GBR	0:18:23	4	24:30	4:11	4	0:39:00	2	30.77	2:49	2	0:31:50	3	6:21	1:36:12	0:11:54	
4	471	Ellen Ann Finnighan Mackenzie	GBR	0:20:51	5	27:47	3:29	3	0:39:48	3	30.16	3:03	3	0:32:28	4	6:29	1:39:37	0:15:19	
5	473	Melanie Oldacre	GBR	0:18:04	3	24:05	4:50	5	0:41:34	5	28.87	3:22	5	0:36:42	5	7:20	1:44:31	0:20:13	
DNF	477	Brigid McCabe	IRL		0			0		0			0		0				

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Results: Categories

EC: Sprint: EC Women 55-59

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
DSQ	476	Barbara Somers	GBR		0			0		0			0		0				

EC: Sprint: EC Men 60-64

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	592	Peter Hunt	GBR	0:13:47	4	18:22	3:14	3	0:32:35	2	36.85	2:14	3	0:23:27	1	4:41	1:15:16		
2	588	Richard File	GBR	0:13:37	3	18:08	3:51	9	0:33:04	3	36.29	2:00	1	0:23:37	2	4:43	1:16:07	0:00:51	
3	587	Dave Doust	GBR	0:13:17	2	17:41	3:50	8	0:30:57	1	38.79	2:28	6	0:27:11	9	5:26	1:17:40	0:02:24	
4	589	Ted Hamilton	GBR	0:12:58	1	17:16	3:00	2	0:38:14	8	31.39	2:25	4	0:23:51	3	4:46	1:20:27	0:05:11	
5	594	Allan Wilson	GBR	0:14:14	6	18:58	3:18	4	0:34:57	4	34.34	2:04	2	0:25:57	7	5:11	1:20:28	0:05:12	
6	591	Gerald Huddleston	GBR	0:14:12	5	18:55	3:22	5	0:35:23	5	33.92	2:36	8	0:25:13	4	5:02	1:20:44	0:05:28	
7	593	Roy Knight	GBR	0:16:23	9	21:50	3:28	6	0:35:49	6	33.52	2:27	5	0:25:45	6	5:08	1:23:50	0:08:34	
8	585	Roger Day	GBR	0:14:57	7	19:55	2:59	1	0:38:17	9	31.35	2:54	10	0:25:39	5	5:07	1:24:44	0:09:28	
9	590	Mike Hartley	GBR	0:15:26	8	20:34	3:32	7	0:37:13	7	32.25	2:46	9	0:28:26	10	5:41	1:27:21	0:12:05	
10	586	Peter Dillow	GBR	0:16:40	10	22:12	4:55	11	0:40:01	11	30.00	2:28	7	0:26:51	8	5:22	1:30:54	0:15:38	
11	583	Mart Haruoja	EST	0:18:10	11	24:12	4:27	10	0:39:02	10	30.75	3:00	11	0:28:52	11	5:46	1:33:29	0:18:13	
DNF	584	Phil Buckley	GBR		0			0		0			0		0				

EC: Sprint: EC Women 60-64

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	479	Elaine Scott	GBR	0:15:44	2	20:57	4:16	1	0:37:13	1	32.25	2:52	1	0:31:21	1	6:16	1:31:23		
2	478	Sybil Davison	GBR	0:15:19	1	20:24	4:39	2	0:45:05	2	26.62	3:23	2	0:35:07	2	7:01	1:43:31	0:12:08	
DNF	480	Barbara Somers	GBR		0			0		0			0		0				

EC: Sprint: EC Men 65-69

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	604	Göran Magnusson	SWE	0:11:32	1	15:22	3:03	1	0:34:57	5	34.35	2:50	5	0:22:43	1	4:32	1:15:04		
2	598	Don Hutchinson	GBR	0:14:30	2	19:19	3:22	3	0:33:07	1	36.24	2:28	2	0:26:30	4	5:18	1:19:55	0:04:51	
3	595	Alan Churcher	GBR	0:15:27	4	20:35	3:20	2	0:33:27	2	35.88	2:31	3	0:25:18	3	5:03	1:20:01	0:04:57	
4	596	Harry Davies	GBR	0:15:43	6	20:56	3:53	4	0:34:08	3	35.17	2:41	4	0:29:44	6	5:56	1:26:07	0:11:03	
5	602	Sam Gordon	IRL	0:15:35	5	20:46	5:23	8	0:34:39	4	34.64	3:09	7	0:28:18	5	5:39	1:27:03	0:11:59	
6	603	David Hawcroft	IRL	0:17:56	9	23:53	4:44	5	0:42:49	9	28.04	2:10	1	0:24:43	2	4:56	1:32:19	0:17:15	
7	597	Mike Gunnell	GBR	0:17:05	8	22:45	4:58	7	0:38:14	6	31.39	3:02	6	0:31:09	7	6:13	1:34:26	0:19:22	
8	599	Roger Kiernan	GBR	0:16:34	7	22:04	4:46	6	0:40:46	8	29.44	3:14	8	0:32:58	8	6:35	1:38:17	0:23:13	
9	600	George Vargha	GBR	0:14:30	3	19:19	5:46	9	0:40:30	7	29.63	3:39	9	0:35:24	9	7:04	1:39:47	0:24:43	
DNF	601	Tony Walker	GBR		0			0		0			0		0				

EC: Sprint: EC Women 65-69

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	481	Peggy Crome	GBR	0:16:50	2	22:26	4:40	2	0:43:22	2	27.67	3:36	2	0:31:21	1	6:16	1:39:47		
2	482	Georgina Jennings	GBR	0:15:29	1	20:38	4:13	1	0:36:30	1	32.88	3:14	1	0:44:34	2	8:54	1:43:58	0:04:11	

EC: Sprint: EC Men 70-74

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	606	Barry Johnson	GBR	0:14:07	1	18:48	4:05	1	0:40:01	1	30.00	3:29	1	0:31:15	1	6:14	1:32:55		
2	605	Aado Liblikman	EST	0:23:10	2	30:52	6:42	2	0:46:00	2	26.09	4:26	2	0:38:58	2	7:47	1:59:14	0:26:19	

EC: Sprint: EC Men 75-79

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	607	Peter Howard	GBR	0:14:56	1	19:53	5:30	1	0:42:30	1	28.24	4:00	1	0:36:26	1	7:17	1:43:20		

EC: Paratri: EC Men Paratri 1

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	10	Francesc Sola Garcia	ESP	0:14:08	2	18:50	4:25	1	0:39:27	1	30.42	2:39	3	0:23:36	3	4:43	1:24:14		
2	15	David Cooke	GBR	0:13:46	1	18:20	4:29	2	0:44:17	4	27.11	2:30	1	0:23:22	2	4:40	1:28:22	0:04:08	
3	12	Alan Rayment	GBR		0		58:11	4	0:44:12	3	27.16	2:30	2	0:21:38	1	4:19	1:33:24	0:09:10	
4	9	Rafael López Ordoñez	ESP	0:17:44	3	23:38	4:59	3	0:42:38	2	28.15	3:29	4	0:26:40	4	5:19	1:35:28	0:11:14	
DNF	11	Etienne Caprin	FRA		0			0		0			0		0				
DNF	18	James Goddard	GBR		0			0		0			0		0				

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EC: Paratri: EC Women Paratri 1

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	1	Jane Egan	GBR	0:21:46	1	29:00	5:54	1	1:03:02	1	19.04	4:15	1	0:27:49	1	5:33	2:02:43		

EC: Paratri: EC Men Paratri 2

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	13	Javier Merida	ESP	0:15:54	1	21:11	9:42	1	0:48:04	1	24.97	6:48	1	0:58:21	1	11:40	2:18:47		

EC: Paratri: EC Men Paratri 3

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	20	Sebastian Averagesch	GER	0:16:43	2	22:17	3:12	1	0:34:50	1	34.46	2:41	2	0:22:35	1	4:30	1:19:59		
2	34	Steven Judge	GBR	0:13:56	1	18:33	3:16	2	0:36:12	2	33.16	2:22	1	0:25:24	2	5:04	1:21:08	0:01:09	
3	19	Paul Thomas	GBR	0:18:34	3	24:44	5:46	4	0:40:55	3	29.34	4:30	4	0:40:58	3	8:11	1:50:41	0:30:42	
4	16	Santos Caballero	ESP	0:21:25	4	28:32	4:56	3	0:45:03	4	26.64	4:23	3	0:42:47	4	8:33	1:58:32	0:38:33	
DNF	17	Fabrice SAINT-LOUIS	FRA		0			0		0			0		0				

EC: Paratri: EC Men Paratri 4

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	26	Peter Boronkay	HUN	0:11:59	1	15:58	3:13	5	0:32:53	3	36.50	2:00	1	0:22:13	3	4:26	1:12:16		
2	21	Toni Franco	ESP	0:15:24	5	20:31	3:07	2	0:34:10	4	35.13	2:03	2	0:20:36	1	4:07	1:15:18	0:03:02	
3	27	Rob Noordzij	NED	0:12:35	2	16:45	4:04	8	0:34:16	5	35.02	2:17	4	0:24:49	6	4:57	1:17:58	0:05:42	
4	14	Franck Paget	FRA	0:14:53	4	19:49	3:17	6	0:31:32	1	38.07	2:39	8	0:25:53	7	5:10	1:18:11	0:05:55	
5	25	Tom Perkins	GBR	0:18:41	7	24:54	3:07	3	0:32:02	2	37.48	2:29	6	0:21:57	2	4:23	1:18:15	0:05:59	
6	22	Angel Luis Merino	ESP	0:13:41	3	18:13	3:27	7	0:35:33	7	33.76	2:11	3	0:23:51	5	4:46	1:18:40	0:06:24	
7	24	Ruben Sanchez	ESP	0:19:35	8	26:05	1:10	1	0:35:06	6	34.20	2:34	7	0:26:39	8	5:19	1:25:01	0:12:45	
8	23	Lluis Marc Pellicer	ESP	0:18:11	6	24:13	3:10	4	0:38:05	8	31.52	2:24	5	0:23:16	4	4:39	1:25:04	0:12:48	

EC: Paratri: EC Women Paratri 4

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	5	Faye McClelland	GBR	0:13:41	2	18:13	2:51	1	0:37:28	1	32.03	2:02	2	0:23:55	1	4:46	1:19:55		
2	4	Clare Cunningham	GBR	0:12:44	1	16:57	2:51	2	0:38:00	2	31.58	2:23	3	0:25:20	2	5:03	1:21:16	0:01:21	
3	3	Edith Dasse	FRA	0:18:23	4	24:29	2:51	3	0:39:09	3	30.66	2:02	1	0:27:34	3	5:30	1:29:57	0:10:02	
4	2	Anna Baeza Dalmau	ESP	0:18:22	3	24:28	3:31	4	0:42:19	4	28.37	2:42	4	0:29:22	4	5:52	1:36:13	0:16:18	

EC: Paratri: EC Men Paratri 5

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	29	Ernst Scheiber	AUT	0:12:55	2	17:12	3:42	4	0:30:15	1	39.67	2:54	4	0:24:09	1	4:49	1:13:54		
2	31	Yan Guanter	FRA	0:11:48	1	15:42	2:54	1	0:33:35	2	35.74	2:23	2	0:24:27	3	4:53	1:15:05	0:01:11	
3	28	Martin Falch	AUT	0:14:25	5	19:12	3:07	2	0:34:49	4	34.48	2:48	3	0:24:10	2	4:49	1:19:16	0:05:22	
4	32	Kevin Flint	GBR	0:13:58	4	18:36	3:08	3	0:34:17	3	35.02	2:17	1	0:25:58	4	5:11	1:19:36	0:05:42	
5	33	Adrian Howden	GBR	0:17:05	6	22:45	4:22	5	0:38:22	6	31.29	3:03	5	0:26:20	5	5:15	1:29:10	0:15:16	
6	30	Mikel Garmendia	ESP	0:13:06	3	17:26	5:35	6	0:37:44	5	31.81	4:52	6	0:32:05	6	6:24	1:33:19	0:19:25	

EC: Paratri: EC Men Paratri 6

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	36	Iain Dawson	GBR	0:12:43	1	16:56	3:01	1	0:28:54	1	41.55	2:18	1	0:23:33	3	4:42	1:10:26		
2	37	Chris Goodwin	GBR	0:13:45	2	18:19	3:25	2	0:29:44	2	40.36	2:35	3	0:21:32	1	4:18	1:11:00	0:00:34	
3	35	Haseeb Ahmad	GBR	0:15:44	3	20:58	3:34	3	0:32:07	3	37.37	2:34	2	0:22:57	2	4:35	1:16:54	0:06:28	

EC: Paratri: EC Women Paratri 6

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff	Acc.Time
1	7	Charlotte Ellis	GBR	0:15:48	2	21:03	3:39	2	0:33:56	2	35.37	2:34	1	0:24:43	1	4:56	1:20:39		
2	8	Joleen Hakker	NED	0:16:11	3	21:33	4:46	3	0:31:24	1	38.22	3:00	3	0:26:54	2	5:22	1:22:14	0:01:35	
3	6	Sara Butler	GBR	0:13:35	1	18:05	3:11	1	0:36:53	3	32.54	2:46	2	0:30:18	3	6:03	1:26:41	0:06:02	